21 September - 12 October



A fantastic lineup of activities where older people will get a warm welcome in Salisbury, Amesbury, Downton, and Wilton!























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Looking for a Festival Friend?

Nervous about trying new things or going to unfamiliar places on your own? You're not alone! It's easy for this nervousness to turn into a downward spiral, making it harder to get out and have fun. But guess what? We've got a fantastic solution that might just be the answer for you or someone you know. Introducing our Festival Friend Scheme!



The lovely people at Home Instead Salisbury and Romsey, may be able to offer a FREE, professionally trained, and DBS-checked companion to accompany you to a Festival Event. Want to know more? Just call 01722 443 559. We're really grateful for the support of the Home Instead Salisbury and Romsey team, for making this possible. Don't miss this opportunity to step out of your comfort zone. Come and join the fun!

St. Laurence Goose Fair

10am - 2pm Saturday 21 September

Sale of local arts and crafts together with coffee, cake and light lunches all in the beautiful building of St. Laurence Church. Free entry but contact veronicaforestandavon@gmail.com or 01725 513878 for more info. St. Laurence Church, Church Hatch, Downton SP5 3PL

Victim Support Information Session

9.30am - 1pm Tuesday 24 September

Have you been affected by crime? Victim Support Wiltshire and Swindon will be at the library ready to offer advice and support. Free drop-in advice session.

Salisbury Library, Market Walk, Salisbury SP1 1BL

Some of Salisbury's Unsung Heroes by Frogg Moody

2.30pm (doors open at 2pm) Tuesday 24 September

Local historian Frogg Moody shares the stories of some of the characters and heroes from Salisbury's past, followed by tea and home-made cake. No charge but donations towards refreshments much appreciated. There's parking at the back of the building (turn left off Fountain Way). No need to book but more information from anneinbementon@gmail.com or 01722 326261.

The Quaker Meeting House, 51 Wilton Road, Salisbury SP2 7EP



A Walk Looking at Salisbury's Historic Architecture

2 - 3pm Wednesday 25 September & 4.30 - 5.30pm Thursday 26 September

A walk within the centre of Salisbury, lasting about an hour, promoted by Salisbury Civic Society, and led by Richard Deane. All on level, easy terrain, within publicly accessible areas. For further information about the Civic Society go to www.salisburycivicsociety.org.uk. No charge but please book using WednesdayWalk.eventbrite.co.uk for 25 September or ThursWalk.eventbrite.co.uk for 26 September or 07842 865562.

Meet at Salisbury Information Centre, Fish Row, Salisbury SP1 1EJ (rear of Guildhall)

Doorstep walks

10 - 11 am or 10 - 11.30 am Thursday 26 September

Free guided walks of 60 or 90 minutes with Ramblers Wellbeing Walks - Salisbury. No need to book but call 01722 334209 or pamrouquette@hotmail.com for more info.

Meet at Choristers Green, Cathedral Close, Salisbury SP1 2EY



From Ramparts to Roads at Old Sarum Castle

10.30am Thursday 26 September

Come and enjoy a free, hour-long on-site talk with an expert staff member from English Heritage. Covering the pre-history of the site up to the Medieval period, find out about the hidden history of this fascinating site, which has been occupied since 450BC. Please call 01722 335398 to book or email rebekah.sherred@english-heritage.org.uk. It is an open air site, so please dress appropriately for the weather and uneven ground.

Old Sarum, Castle Road, Salisbury SP1 3SD

Have a go at Seated Exercise!

11.45am Thursday 26 September

Come and join our friendly and welcoming group of over 50s. We'll be doing a mix of exercises combining fitness, yoga, pilates and relaxation using a chair. All abilities and ages welcome. The exercises can be done seated or standing, depending on how you feel. This is a free trial session for anyone coming for the first time. There'll be tea, coffee and biscuits afterwards and time to chat. No need to book but if you have any questions contact Jane on 07726 554298.

Old Sarum Community Centre, Pheasant Drive, Salisbury SP4 6GH

Techie Tea Party

2.30 - 4pm Thursday 26 September

Need a little help with your phone, tablet or computer? See if the library team can help at this free, bookable session. Staff can also assist you with eBooks, eMagazines and eAudio through the Libby app. To book a place please ask at the library or call 01722 324145.

Salisbury Library, Market Walk, Salisbury SP1 1BL



Unlocking Your Family's Secrets: Ancestry & British Newspapers

2.30 - 3.30pm Thursday 26 September

Explore the fascinating world of Ancestry and the British Newspaper Archive! Salisbury Library users have free access. Learn how to use these databases to investigate your family's past or to spill the beans on historical events, local gossip and scandalous headlines. Book your place at the library or call 01722 324145.

Salisbury Library, Market Walk, Salisbury SP1 1BL

Intergenerational Rhymetime

9.45 - 10.15am Friday 27 September

Our normal baby/toddler rhymetime extends a special welcome to the older generation who would like to listen and share songs with little ones. No grandchildren of your own needed but if you have one bring them along! Booking required for this session. Please ask at the library desk.

Salisbury Library, Market Walk, Salisbury SP1 1BL

Footsteps to Fitness Walk followed by Coffee and Chat

10 - 10.30am Friday 27 September

A free, short 30-minute walk from Ramblers Wellbeing Walks - Salisbury followed by Coffee and Chat. No need to book but contact 01722 334209 or pamrouqette@hotmail.com if you have any questions. Meet at the Coffee Kiosk, Centre of Victoria Park, Castle Road, Salisbury SP1 3NE

Jazz Social

2.30pm Friday 27 September

Join us for an afternoon of joyous jazz with Salisbury Big Band as part of this year's Silver Salisbury. This event has been programmed by Wiltshire Creative and Celebrating Age Wiltshire. To book call 01722 320333, visit Salisbury Playhouse Ticket Sales or www.wiltshirecreative.co.uk. Tickets £7 including refreshments.

Salisbury Arts Centre, Bedwin Street, Salisbury SP1 3UT

The Mobile Museum at Salisbury Library

10.30am - 12.30pm & 1.30 - 3.30pm Saturday 28 September

Drop into the Mobile Museum for a free, time-travelling extravaganza! Get up close and personal with relics from Strange Old Things' Second World War and groovy Fifties and Sixties collections. Fancy yourself a spy? Team up, crack codes, and see if you can unlock the mystery briefcase. The morning session is for older people. Families and grandchildren are welcome to join us in the afternoon to dive into this uniquely quirky museum experience.

Gallery 4 (upstairs), Salisbury Library, Market Walk, Salisbury SP1 1BL

Intergenerational Storytime & Craft

11 am Saturday 28 September

Family Storytime followed by a craft or colouring activity. Free to attend and no booking required. Salisbury Library, Market Walk, Salisbury SP1 1BL



Behind the Scenes at the Odeon

10am - 12 noon Monday 30 September and Monday 7 October

Is this the most unique cinema in the world? Where else has a medieval foyer, a refurb by Pugin and gigs from The Rolling Stones and Buddy Holly? This 2-hour guided tour takes you through the history of this amazing building to places visitors don't normally see, the old projection room, underground passageways and the original Box Office. It's a rabbit warren of a building with many steps, some of which do not have handrails, and wonky floors, so this is only suitable for the sure-footed and those able to manage stairs easily. Places must be booked on 3009Odeon.eventbrite.co.uk for Mon 30 Sept and 0710Odeon.eventbrite.co.uk for Mon 7 Oct or 07842 865562. This is a fund-raiser for the Odeon's nominated-charity, MIND. Visitors are asked to bring a £5 cash donation on the day. Tours start at 10am prompt.

Salisbury Odeon, New Canal, Salisbury SP1 2AA

60s Swing with Cheese & Wine

2 - 5pm Monday 30 September

An afternoon of live music, a fun quiz and a bit of cheese and wine. Free and no need to book but further information from JWise@salisburycitycouncil.gov.uk or 01722 417100.

Bemerton Heath Community Centre, 58 - 60 Pinewood Way, Salisbury SP2 9HU



Salisbury Hospital: 80 years from D-Day!

Monday 30 September

Join us for a fascinating talk about Salisbury Hospital's time in Odstock. Founded 80 years ago, this remarkable site played a crucial role caring for American casualties from D-Day. Lesley Self from Salisbury District Hospital's ArtCare shares photos, documents and objects to bring the history alive. This is a unique opportunity to hear about a significant chapter of our community's past. FREE but donations towards refreshments welcome. Please book early using eventbrite.co.uk/e/959126281527 for Downton or eventbrite.co.uk/e/959186441467 for Amesbury or calling 01722 336262 ext 5617. Many thanks to the Antrobus House Hotel for hosting the Amesbury event, providing complimentary teas and coffees and a 10% discount on drinks from the bar.

11.15am - 12.30pm (doors 11am) Downton Library, Church Leat, Downton SP5 3PD 2 - 3.30pm (doors 1.45pm) The Antrobus House Hotel, 15 Church Street, Amesbury SP4 7EU

Bus Walk with the Wessex Walkers

Monday 30 September

Join a friendly group of people on a bus ride to the countryside for a 4-5 mile walk. There's no charge for the walk for newcomers. No dogs please. Please wear suitable boots, bring water and a banana/snack. The Wessex Walkers meet at a bus stop in central Salisbury most Mondays in term time. Members pay an annual sub to Save the Children and get a schedule of walks for each term. More details from sulycett@gmail.com 07500 990860.

Meet our Walk Leaders at Blue Boar Row [M] to take either the No 44 at 9.50 am for a Downton to Pepperbox walk or the X3 at 9.55 am for a Breamore circular route.

Understanding Dementia and how you can help

1.30 - 3.30pm Tuesday 1 October

Alzheimer's Support helps us understand the differences between normal aging and dementia and how we can best support people living with dementia. Email libraryenquiries@wiltshire.gov.uk or call 01722 324145 to sign up.

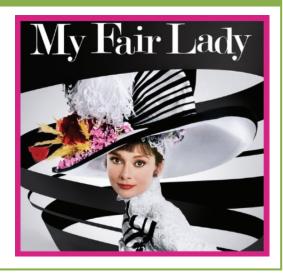
Upstairs Gallery (lift available), Salisbury Library, Market Walk, Salisbury SP1 1BL

My Fair Lady at the Everyman

12.30pm Tuesday 1 October

Everyman Cinema and Home Instead Salisbury invite you to a FREE showing of My Fair Lady. All over 60s are welcome but preference is given to those living with dementia and their families. Lights will be on low to make it easy to move around and the surroundings are suitable for older people. Complimentary tea and coffee at 12.30 followed by the film at 1. No charge but donations to Silver Salisbury welcome. No need to book but more info from 01722 515767. There are regular, free matinees for the over 60s at 12.30 on the first Tuesday of the month.





Wessex Archaeology Talk

2.30pm (doors open at 2pm) Tuesday 1 October

One of the great team at Wessex Archaeology will give us an insight into their fascinating work. No charge but donations towards refreshments appreciated. Parking at the back of the building (left off Fountain Way).

The Quaker Meeting House, 51 Wilton Road, Salisbury SP2 7EP



Footsteps to Fitness Introductory Walk

10 - 10.45am ish Wednesday 2 October

A short 30-minute walk with Rambers Wellbeing Walks - Salisbury, followed by coffee and chat. The walk is free, donations are welcome for refreshments. The meeting point is accessible by bus R5 to The Old Parsonage, Lower Street. No need to book. Further information from 01722 334209.

Harnham Parish Hall, Lower Street, Salisbury SP2 8EY

Breeze Ladies Cycle Ride

10am - 12noon Wednesday 2 October

Confidence-building cycle ride for women. No charge, it's free, but bring cash or card for refreshments. You need a bicycle in good working order and a cycle helmet. Places must be booked on 07909 756474 or www.letsride.co.uk.

Starts at Five Rivers Leisure Centre, Hulse Road, Salisbury SP1 3NR

Showtime with Frankie Simpkins & Silver Salisbury!

3 - 5 pm Wed 2 October (doors open at 2.30)

Songs from the shows and old-time favourites followed by tea, coffee and delicious home-made cakes. A perfect autumn afternoon.

No charge but donations towards refreshments appreciated. Please book early on

TeaPartyA.eventbrite.co.uk or 07842 865562

If you are unable to use public transport, we may be able to help, call 01672 556300

Thank you to Home Instead Andover & East Wiltshire for sponsoring this event and providing transport.

Antrobus House, 39 Salisbury Road, Amesbury, Salisbury SP4 7HH

Parking at rear

Streets of Salisbury Scooter Scoot

11 am - 1 pm Thursday 3 October

Set off from Salisbury Shopmobility on a guided Scooter Scoot of the historic city of Salisbury, pausing to see historic buildings, attractive streets and churches whilst hearing fascinating stories from our Blue Badge Guide. The Scooter Scoot ends with refreshments at Shopmobility. If bringing your own scooter the scoot is FREE but places MUST be pre-booked. Call 01722 328068 or pop in to Salisbury Shopmobility (under Sainsbury's) or email: shopmobility@salisburycitycouncil.gov.uk. £5 to hire equipment (members) or £10 for a one-off casual hire. Come dressed and prepared for the weather!

Salisbury Shopmobility, 3B Priory Square, Malthouse Lane, Salisbury SP2 7TL

Salisbury City Council's Vintage Tea Party

1.30 - 4pm Thursday 3 October

Enjoy the sounds of the past, tap your toes, and enjoy an afternoon tea in the grand surroundings of the Guildhall's banqueting hall. Run by the Salisbury City Council Communities Team, there will be tickets priced from £5 available to the public from the Information Centre from 1 September. Tickets will also be available to community groups, lunch clubs and services for older people through the communities' team. If you are part of a group and would like to attend, please get in touch to book your places (subject to availability). Call 01722 417100 or bhc@salisburycitycouncil.org.uk.

The Guildhall, Guildhall Square, Salisbury SP1 1JH



Volunteer Day at Hazel Hill

10am - 3pm Friday 4 October

Practical volunteer tasks at Hazel Hill Wood. No charge but please book your place by contacting Charley on charley@hazehill.org.uk or 07519 464023.

Hazel Hill Wood, Grimstead Road, near East Grimstead SP5 1AU

CAW's Jazz Concert

11 am - 1 pm Friday 4 October

Celebrating Age Wiltshire's popular Jazz Duo; Dan on guitar and vocals and Paul on saxophone. Complementary tea and coffee from Barchester Healthcare. This is a FREE event but booking is essential. Please call Wilton Place on 01722 656 740.

Wilton Place Care Home, Buckeridge Road, Wilton, Salisbury SP2 OFX

An Afternoon with Mind the Gap

2.30pm Friday 4 October

Join Wiltshire Creative's group for older people in a FREE, fun afternoon as part of Silver Salisbury. The group will share sketches and writing they have been working on, and there will be a chance to have a go at some arty activities. Refreshments will be provided. FREE but please book in advance. To book call 01722 320333, visit Salisbury Playhouse Ticket Sales or www.wiltshirecreative.co.uk.

Salisbury Playhouse, Malthouse Lane, Salisbury SP2 7RA



Wilton Riding for the Disabled's Tea with a Pony

2 - 4pm Friday 4 October

You are invited to meet the friendly ponies of Wilton RDA in our lovely tranquil setting. Pet a pony, have tea and cakes in the clubhouse, chat to our volunteers. No charge but please book early by emailing pembrokecentre@gmail.com or calling 01722 744822. The stables are in a beautiful, rural location with plenty of parking but it's difficult to get to on public transport.

Wilton Riding for the Disabled, Home Farm Road, Wilton SP2 8PJ

Afternoon Tea and Archaeology in a Box

3 - 5pm Friday 4 October

Stonehenge is one of the world's most famous prehistoric monuments. Our guest speaker from the World Heritage Site brings interesting stories and shows how objects can offer us windows into the past. You can handle replica artefacts from the archaeology box and get a real feel for our fascinating history. Tea, coffee and scrumptious cakes. Free but donations welcome for refreshments. Please book with lorraine.silversalisbury@outlook.com or 07935 165202. Many thanks to The Stonehenge & Avebury World Heritage Site Coordination Unit for their support.

Bulford & District Working Men's Club, 31 High Street, Bulford, Salisbury SP4 9DR



Celebrate Grandparents' Day at Riverbourne Farm

10am - 1pm Sunday 6 October

Come and explore Riverbourne Community Farm on Grandparents' Day. Everyone's welcome, including grandchildren and younger friends and neighbours. You can feed some of the animals (£1 a pot) or walk one of the three, free trails. Round off your trip with a visit to the on-site café. No entry charge. There's limited parking nearby so please use public transport or park in Laverstock Road, up the hill.

River Bourne Community Farm, Cow Lane Laverstock, Salisbury SP1 2SR



Cycle the Golden Way!

2 - 4pm Sunday 6 October

A gentle bicycle ride round the Golden Way in Salisbury (approx 7 miles or 11 kms) led by members of COGS. This is a free ride but places must be booked on tinyurl.com/COGSride061024, or phone or text 07790 287062. Participants will need to bring a bike or e-bike in good working order and we recommend a helmet.

Start and end at: Five Rivers Health & Wellbeing Centre, Hulse Road, Salisbury SP1 3NR



Stories In The Dust

10.30am - 12noon Monday 7 October

Brought to you by Celebrating Age Wiltshire, this live theatre show is a heartfelt, funny and hopeful eco-fable that takes you to another world, where an ancient book guides your way, a drop of rain changes everything and a mighty lion holds its secrets in an old clay pot. Tea and coffee from 10.30am followed by this wonderful one-hour show at 11am. Free (donations welcome on day) but early booking essential: either in person at Amesbury library or call 01980 623491.

Amesbury Library, Smithfield Street, Amesbury SP4 7AL

Salisbury Hospital: 80 years from D-Day!

2pm - 4pm Monday 7 October

Join us for a fascinating talk about Salisbury Hospital's past in Odstock. Founded 80 years ago, this remarkable institution played a crucial role caring for American casualties from D-Day. Lesley Self from Salisbury District Hospital's ArtCare shares photos, documents and objects to bring the history alive. This is a unique opportunity to dive into a significant chapter of our community's past. FREE but donations towards refreshments welcome. Please book on eventbrite.co.uk/e/959187655097 or telephone 01722 336262 ext 5617. Thank you very much to Barchester Healthcare Services for hosting this event and providing complimentary tea, coffee and cake.

The PR3 Park and Ride bus stops near Wilton Place.

Wilton Place Care Home, Buckeridge Road, Wilton SP2 OFX

Breeze Ladies Cycle Ride

1 - 3pm Tuesday 8 October

Confidence-building cycle ride for women. No charge, it's free, but bring cash or card for refreshments. You need a bicycle in good working order and a cycle helmet. Places must be booked on 07909 756474 or www.letsride.co.uk.

Starts at Five Rivers Leisure Centre, Hulse Road, Salisbury SP1 3NR

CAW's Shh Silent Disco!

2 - 4pm Tuesday 8 October

The perfect way to enjoy music and have fun with Celebrating Age Wiltshire. At a Shh Silent Disco! everyone wears wireless headphones and chooses their type of music. And the best part? If you don't want to listen or dance, just take off your headphones and chat away over tea and cake; no shouting over loud speakers. Don't worry about the technology; we sort that. Just come and join us, maybe with your dancing shoes, and let's have a great time. It's FREE but places need to be booked on 01722 335349 or by emailing oldsarumcommunitycentre@gmail.com.

Old Sarum & Longhedge Community Centre, Pheasant Drive, Old Sarum, Salisbury SP4 6GH



Salisbury's Priory and Its Gardens by Rosemary Pemberton

2.30pm (doors open at 2pm) Tuesday 8 October

Rosemary Pemberton takes us on an interesting, 800-year journey through the history of Salisbury's Priory and its gardens, followed by tea and home-made cake. No need to book for this free talk but further information from anneinbemerton@gmail.com or 01722 326261. Donations to cover the costs of refreshments always appreciated. Parking at the rear of the building (off Fountain Way).

The Quaker Meeting House, 51 Wilton Road, Salisbury SP2 7EP

Let's remember the 70s!

2.30 - 3.30pm Wednesday 9 October

As the library approaches its 50th anniversary we're having an informal drop-in discussion group about the 1970s. Share Salisbury memories or chat about Angel Delight or Rainbow! Tea and coffee available. Free to attend and no booking required.

Salisbury Library, Market Walk, Salisbury SP1 1BL

Now that I'm older, can you still read me a story?

2 - 4pm Thursday 10 October

You're never too old to be read to, so come and sit back, relax and enjoy listening to a good short story or two. We're very grateful to Colten Care for providing complimentary tea and cake. There are limited places for this free event so please book early on Read-me-a-story.eventbrite.co.uk or by calling 07842 865562. Reader – Rebecca Seymour from Celebrating Age Wiltshire.

Braemar Lodge Care Home, 20 Stratford Road, Salisbury SP1 3JH



Nikki Copleston at Silver Salisbury's Coffee & Chat

11 am - 12.30pm Friday 11 October

We meet on the second Friday of the month for coffee, chat and occasional guest speakers. This month crime writer, Nikki Copleston, talks about her journey as a writer, the inspiration behind her novels, and some insider secrets on crafting nail-biting plots. We'll hear more about Nikki's DI Jeff Lincoln series, set in a town inspired by Salisbury. Whether you're an existing fan, or new to her work, it will be a great morning. No need to book and no charge but donations towards refreshments appreciated. Upstairs in Gallery 4, Salisbury Library (lift available), Market Walk, Salisbury SP1 1BL

Vinyl Cafe

2 - 3.30pm Friday 11 October

A relaxed space where you can bring along old records/vinyl and have them played on our record player! Come along for coffee and some lovely tunes. Everyone welcome, don't worry if you don't have your own records. No need to book but if you have any questions call 07598 161187 or email ella.silversalisbury@outlook.com.

Salisbury Playhouse (Community Rooms), 2 Malthouse Lane, Salisbury, SP2 7RA





Silver Salisbury's Tea Cups, Cakes and Piano Classics

3 - 4.30pm Saturday 12 October (doors open 2.30)

Meet old friends and make new ones whilst enjoying our delicious home-baked cakes. Sarah Collins, the popular pianist will play old and new piano favourites. No charge but donations towards refreshments are very welcome.

Please book early using QMHTea.eventbrite.co.uk or by calling 07842 865562.

Quaker Meeting House, 51 Wilton Road, Salisbury SP2 7EP

Parking and disabled access at the back of the building (off Fountain Way)

Intergenerational Storytime and Craft

2.30pm Saturday 12 October

A special green family story time to celebrate National Libraries week. This will be followed by a craft or colouring activity. Free to attend and no booking required.

Salisbury Library, Market Walk, Salisbury SP1 1BL

Join Silver Salisbury and make a difference!

Silver Salisbury is a small, registered charity that reduces loneliness and isolation by helping older people try new things, meet new people and make new friends in and around Salisbury, Amesbury, Wilton and Downton.

We are looking for one or two new people to join our friendly team of four trustees.

The trustees meet around once a month to make sure the charity is meeting its objectives, oversee the activities of a small team of contract outreach workers and set priorities for the future. We are lucky to have a very hands-on group, who share their skills and help with events.

We'd love to hear from people with some understanding of governance, finance, marketing or fundraising; maybe organising events or applying for grants?

Most important though, is a passion for enhancing the lives of local, older people.

These are voluntary positions but we cover travel and expenses and training to help you in your role.

If you'd like to know more contact Irene Kohler, Chair of Silver Salisbury on **silver.salisbury@outlook.com** to arrange an informal chat on the phone.



07842 865562 thesilverproject@outlook.com www.silversalisbury.co.uk FB: @Silver Salisbury

